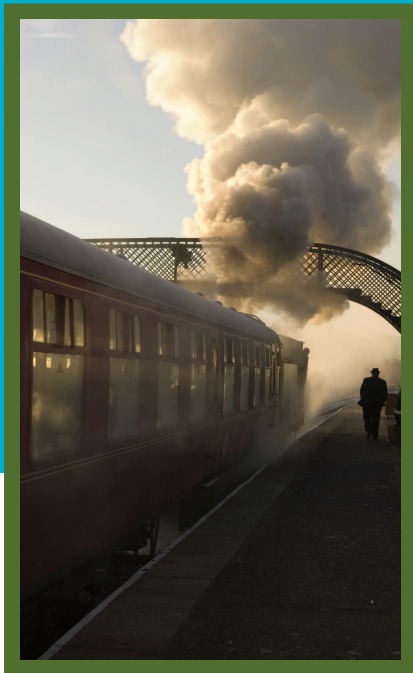


# Discover your Moment of Truth



## Chivalry in the Station

### Assignment 9



Print the following pages or complete the assignments on-screen.

#### **Carroll Communication Coaching**

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# Moment of Truth

## Partner Mindset Technique No. 7

### Accept the Offer

Do you block offers before they happen? How? In all situations, or only some? In which situations and with whom?

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For the next 48 hours, practice accepting every offer that comes your way, from someone opening a door, to assistance/advice on a project, to being offered a seat on the train. An offer can be verbal, conceptual, physical or emotional. Follow the rule: never block an offer. (Okay, maybe not everything...)

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What kinds of offers did you get? (An offer can be verbal, conceptual, physical or emotional.) Examples: someone offered you their seat on a crowded bus, a smile, someone let you go ahead of them in line and so on.

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Next, practice extending offers enthusiastically for the next few days. How does it feel when others accept your offers?

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How does it feel when they block your offers?

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What are some of the rewards and benefits to accepting offers in your life?

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undoing

Discover the 7 Partner Mindset Techniques  
to Get More of What You Want More Often  
with Less Hassle

# The Ego Tango

## Amy Carroll

With over 30 years of personal experience and education, Amy Carroll's understanding of the human psyche is extensive.



Amy leads programs for multinationals worldwide. She is a Professional Certified Coach and certified Master Practitioner of NLP (neuro linguistic programming).

Amy coaches clients to become more dynamic, honest and effective partners, developing their ability to influence others by creating powerful partnerships.

### Learn to:

Positively influence customers, colleagues and subordinates to get the outcomes you want  
with everyone feeling valued and respected

Handle difficult or sensitive topics (customer meetings, financial presentations, major speeches)  
with less nervousness

Present ideas in a more compelling and confident manner

Develop leadership presence when negotiating with different cultures and personalities

### Amy's Education and Training

Psychology (Bachelor of Arts) from Michigan State University  
CoachU, a US-based coaching school, PCC certified  
JS-International, NLP training, Master Practitioner  
BATS (Bay Area Theatre Sports), Improvisational Training  
NLP Certified Practitioner  
NLP Master Practitioner

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