

# Discover your Moment of Truth



Introducing  
The Chicken Dance

Assignment 11



Print the following pages or complete the assignments on-screen.

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# Moment of Truth

## Partner Mindset Technique

### And for your last exercise:

When events upset you, what Chicken Dance strategies can you use in personal and professional settings?

Warning: if you risk losing your job by doing the Chicken Dance at work, it may not be appropriate. An alternative idea to the Chicken Dance strategy is to speak gibberish for one or two minutes with a strange accent. (Think outrageous and positive.)

Happy Partnering!

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undoing

Discover the 7 Partner Mindset Techniques  
to Get More of What You Want More Often  
with Less Hassle

# The Ego Tango

## Amy Carroll

With over 30 years of personal experience and education, Amy Carroll's understanding of the human psyche is extensive.



Amy leads programs for multinationals worldwide. She is a Professional Certified Coach and certified Master Practitioner of NLP (neuro linguistic programming).

Amy coaches clients to become more dynamic, honest and effective partners, developing their ability to influence others by creating powerful partnerships.

### Learn to:

Positively influence customers, colleagues and subordinates to get the outcomes you want with everyone feeling valued and respected

Handle difficult or sensitive topics (customer meetings, financial presentations, major speeches) with less nervousness

Present ideas in a more compelling and confident manner

Develop leadership presence when negotiating with different cultures and personalities

### Amy's Education and Training

Psychology (Bachelor of Arts) from Michigan State University  
CoachU, a US-based coaching school, PCC certified  
JS-International, NLP training, Master Practitioner  
BATS (Bay Area Theatre Sports), Improvisational Training  
NLP Certified Practitioner  
NLP Master Practitioner

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